

Resultat

England Runt 3 juni 2017

M10 Öppen klass Män 10 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|----------------------|----------------------|------|---------|-----------|--------|
| 1 | 163 | Michael Kälebo | IFK Halmstad | | 35.09 | +0.00 | 3:30 |
| 2 | 191 | Fredrik Bolmstam | Apladalens LK | 1982 | 36.11 | +1.02 | 3:37 |
| 3 | 189 | Klas Persson | SK Graal | 1981 | 38.52 | +3.43 | 3:53 |
| 4 | 178 | Johan Gannby | Svensk Dentservice | 1983 | 39.24 | +4.15 | 3:56 |
| 5 | 193 | Peter Nemecek | Halmstad | 1983 | 39.30 | +4.21 | 3:56 |
| 6 | 101 | Khodadad Alizadah | SK Graal | 2000 | 39.50 | +4.41 | 3:59 |
| 7 | 196 | Weine Gustavsson | Rydsnäs IF | 1967 | 39.56 | +4.47 | 3:59 |
| 8 | 153 | Niklas Stenström | IS Göta | | 40.17 | +5.08 | 4:01 |
| 9 | 192 | Stefan Andersson | Apladalens LK | 1967 | 41.01 | +5.52 | 4:06 |
| 10 | 148 | Joel Rydström | FK Finn | | 41.12 | +6.03 | 4:07 |
| 11 | 124 | Inge Karlsson | MFK | 1956 | 41.16 | +6.07 | 4:07 |
| 12 | 175 | Johan Eriksson | 338 Småland | 1982 | 43.04 | +7.55 | 4:18 |
| 13 | 132 | William Lindgren | FK Finn | | 43.22 | +8.13 | 4:20 |
| 14 | 187 | Marcus Wiedner | Glumslöv | 1976 | 43.44 | +8.34 | 4:22 |
| 15 | 114 | Vesa Hurskainen | MFK | | 43.58 | +8.49 | 4:23 |
| 16 | 116 | Linus Johansson | FK Finn | 1980 | 44.04 | +8.55 | 4:24 |
| 17 | 154 | Oskar Svärd | FK Finn | | 44.27 | +9.18 | 4:26 |
| 18 | 119 | Henrik Jonsson | Nibe Fritid | | 44.48 | +9.39 | 4:28 |
| 19 | 138 | Per-Erik Mörck | Hässleholms AIS | 1966 | 44.56 | +9.47 | 4:29 |
| 20 | 197 | Peter Svensson | Markaryd | | 45.04 | +9.55 | 4:30 |
| 21 | 150 | Oscar Sjölin | FK Finn | | 45.14 | +10.05 | 4:31 |
| 22 | 174 | Christian Luddeckens | 338 Småland | 1971 | 46.14 | +11.05 | 4:37 |
| 23 | 169 | Ronald Karlsson | Oskarström | 1975 | 46.43 | +11.34 | 4:40 |
| 24 | 123 | Fredrik Karlsson | FK Finn | 1972 | 46.58 | +11.49 | 4:41 |
| 25 | 194 | Stefan Nilsson | Halmstad | 1963 | 47.25 | +12.16 | 4:44 |
| 26 | 165 | Andreas Olofsson | Markaryd | 1992 | 47.47 | +12.38 | 4:46 |
| 27 | 156 | Niklas Welander | Örkelljunga FK | | 48.21 | +13.12 | 4:50 |
| 28 | 160 | Jens Nyman | Fresh AB | | 48.56 | +13.47 | 4:53 |
| 29 | 136 | Joel Mörck | Hässleholms AIS | 1999 | 49.00 | +13.51 | 4:53 |
| 30 | 183 | Marcus Petersson | 338 Småland | 1981 | 49.13 | +14.04 | 4:55 |
| 31 | 139 | Anders Nannesson | Simlångsdalen | 1989 | 49.37 | +14.28 | 4:57 |
| 32 | 141 | Johan Nilsson | Åstorp | | 49.53 | +14.44 | 4:59 |
| 33 | 181 | Johan Svensson | Ljungby | 1988 | 49.56 | +14.47 | 4:59 |
| 34 | 182 | Bo-Gunnar Gunnarsson | FK Finn | 1959 | 49.56 | +14.47 | 4:59 |
| 35 | 111 | Lennart Hansson | Pantern RC | 1953 | 50.23 | +15.14 | 5:02 |
| 36 | 171 | Kjell Augustsson | Älmhult | 1956 | 50.49 | +15.40 | 5:04 |
| 37 | 164 | Rasmus Bergqvist | Växjö | | 51.34 | +16.25 | 5:09 |
| 38 | 103 | Leif Axelsson | SK Graal | 1963 | 51.51 | +16.42 | 5:11 |
| 39 | 166 | Andreas Salomonsson | Räva King | 1976 | 52.16 | +17.07 | 5:13 |
| 40 | 140 | Håkan Nilsson | SK Graal | 1976 | 52.23 | +17.14 | 5:14 |
| 41 | 184 | Mikael Åkerblom | HHC | 2007 | 52.29 | +17.20 | 5:14 |
| 42 | 159 | Sugaan | Elmhults Sport Club | | 52.39 | +17.30 | 5:15 |
| 43 | 157 | Joakim Westroth | Ljungby | | 52.57 | +17.48 | 5:17 |
| 44 | 176 | Johan Jansson | Simlångsdalens IF | 1989 | 52.59 | +17.49 | 5:17 |
| 45 | 131 | Niklas Lindberg | FK Finn | | 53.23 | +18.14 | 5:20 |
| 46 | 177 | Axel Karlsson | Simlångsdalens IF | 1992 | 55.06 | +19.57 | 5:30 |
| 47 | 142 | Martin Nilsson | Helsingborgs SOK | | 55.34 | +20.25 | 5:33 |
| 48 | 185 | Anders Nilsson | Helsingborg | 1968 | 55.55 | +20.46 | 5:35 |
| 49 | 115 | Peter Jansson | Ljungby FIK | 1968 | 55.58 | +20.49 | 5:35 |
| 50 | 135 | Mats Mellberg | Morlanda | | 56.09 | +21.00 | 5:36 |
| 51 | 127 | Robert Långh | Ljungby | 1987 | 56.10 | +21.01 | 5:37 |
| 52 | 128 | Stephen Lea | Älmhult | 1982 | 56.11 | +21.02 | 5:37 |
| 53 | 108 | Mikael Frejd | Simlångsdalen | | 57.23 | +22.14 | 5:44 |
| 54 | 147 | Johan Runesson | 338 Småland | 1983 | 57.51 | +22.42 | 5:47 |
| 55 | 151 | Anders Stålhammar | Huddinge | | 1.00.44 | +25.35 | 6:04 |
| 56 | 179 | Kenneth Jonasson | Ljungby | 1961 | 1.01.31 | +26.22 | 6:09 |
| 57 | 167 | Ola Rydén | Ljungby | 1981 | 1.02.38 | +27.29 | 6:15 |
| 58 | 143 | Roger Nilsson | Träningsinspiratören | 1967 | 1.04.52 | +29.43 | 6:29 |

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| | | | | | | | |
|----|-----|-----------------|---------------------|------|---------|--------|------|
| 59 | 134 | Göran Lund | FK Finn | 1952 | 1.04.59 | +29.50 | 6:29 |
| 60 | 106 | Bertil Burman | Elmhults Sport Club | 1945 | 1.05.00 | +29.51 | 6:30 |
| 61 | 168 | Patric Lundvall | Växjö Löparklubb | 1968 | 1.07.40 | +32.31 | 6:45 |
| 62 | 104 | Johan Berkö | Anderstorps OK | | 1.15.27 | +40.18 | 7:32 |

K10 Öppen klass Kvinnor 10 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|------------------------|----------------------|------|---------|------------|--------|
| 1 | 152 | Marie-Louise Stenström | IS Göta | | 42.13 | +0.00 | 4:13 |
| 2 | 173 | Lina Paulsson | Ängelholm | 1988 | 42.26 | +0.13 | 4:14 |
| 3 | 190 | Karolin Kärrå | Apladalens LK | 1986 | 45.02 | +2.49 | 4:30 |
| 4 | 137 | Lotta Mörck | Hässleholms AIS | 1966 | 46.30 | +4.17 | 4:39 |
| 5 | 155 | Kajsa Svensson | Simlångsdalens IF | | 47.56 | +5.42 | 4:47 |
| 6 | 172 | Anna Karlsson | Lund | 1983 | 49.57 | +7.44 | 4:59 |
| 7 | 186 | Anna Wiedner | Runners Club | 1977 | 50.12 | +7.59 | 5:01 |
| 8 | 149 | Elin Sjölin | FK Finn | | 50.35 | +8.21 | 5:03 |
| 9 | 125 | Sonja Kovac | IS Göta | 1973 | 50.41 | +8.28 | 5:04 |
| 10 | 107 | Hanna Dahlstedt | FK Finn | | 51.26 | +9.12 | 5:08 |
| 11 | 161 | Therese Henningsson | Ljungby | 1987 | 52.11 | +9.58 | 5:13 |
| 12 | 130 | Maria Lindberg | FK Finn | | 53.33 | +11.20 | 5:21 |
| 13 | 162 | Azemka Sercarevic | Markaryd | | 54.30 | +12.17 | 5:27 |
| 14 | 129 | Louise Lindberg | FK Finn | | 55.20 | +13.07 | 5:31 |
| 15 | 118 | Maria Jonasson | FK Finn | | 55.38 | +13.25 | 5:33 |
| 16 | 188 | Ann-Sofie Svensson | FK Finn | 1971 | 55.39 | +13.26 | 5:33 |
| 17 | 112 | Annika Hestner | Träningsinspiratören | | 56.16 | +14.02 | 5:37 |
| 18 | 195 | Anette Brindwall | Rydsnäs IF | 1972 | 56.16 | +14.03 | 5:37 |
| 19 | 170 | Anna Romberg | Hässleholms AIS | 1974 | 56.33 | +14.20 | 5:39 |
| 20 | 117 | Jenny Jonasson | Träningsinspiratören | | 57.02 | +14.49 | 5:42 |
| 21 | 145 | Johanna Olsson | Älmhult | | 57.28 | +15.15 | 5:44 |
| 22 | 144 | Erika Olsson | MFK | 1980 | 58.44 | +16.31 | 5:52 |
| 23 | 146 | Eva Persson | MFK | 1968 | 1.00.14 | +18.01 | 6:01 |
| 24 | 180 | Annie Jonasson | Örebro | 1985 | 1.01.26 | +19.13 | 6:08 |
| 25 | 122 | Fredrika Karinsdotter | Träningsinspiratören | | 1.01.29 | +19.16 | 6:08 |
| 26 | 109 | Karin Gunnarsson | Träningsinspiratören | | 1.01.30 | +19.17 | 6:09 |
| 27 | 158 | Caroline Wihma | Harestad | | 1.04.19 | +22.06 | 6:25 |
| 28 | 126 | Sinikka Kukkotovi | Anderstorps OK | 1949 | 1.05.08 | +22.55 | 6:30 |
| 29 | 121 | June Ja Jönsson | Markaryd | | 1.05.44 | +23.31 | 6:34 |
| 30 | 102 | Sandra Andersson | Träningsinspiratören | | 1.06.58 | +24.45 | 6:41 |
| 31 | 113 | Patricia Hoffman | Träningsinspiratören | | 1.08.08 | +25.55 | 6:48 |
| 32 | 105 | Pernilla Borgström | Träningsinspiratören | | 1.09.13 | +27.00 | 6:55 |
| | 110 | Susanne Håkansson | Lagan | | | EJ STARTAT | |
| | 120 | Emma Jönsson | Träningsinspiratören | | | EJ STARTAT | |
| | 133 | Jessica Lindqvist | Träningsinspiratören | | | EJ STARTAT | |

M5 Öppen klass Män 5 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|---------------------|---------------------|------|-------|-----------|--------|
| 1 | 295 | Bahta Tadese | Ljungby FIK | 1998 | 18.27 | +0.00 | 3:41 |
| 2 | 329 | Johannes Engqvist | Tannsjö Vikings | 1987 | 18.34 | +0.07 | 3:42 |
| 3 | 324 | Carl Bladh | SK Graal | 1986 | 18.37 | +0.10 | 3:43 |
| 4 | 294 | Morgan Svensson | SK Graal | 1969 | 18.55 | +0.28 | 3:46 |
| 5 | 304 | Abdikarim Adan | HVB Lyktan | 2000 | 19.12 | +0.46 | 3:50 |
| 6 | 314 | Daniel Evaldsson | SK Graal | 1976 | 19.18 | +0.51 | 3:51 |
| 7 | 305 | Elias Arefi | HVB Lyktan | 1999 | 19.36 | +1.10 | 3:55 |
| 8 | 247 | Rasmus Hindrichsen | MFK | 1975 | 19.38 | +1.11 | 3:55 |
| 9 | 270 | Christopher Nilsson | MFK | 1976 | 19.42 | +1.16 | 3:56 |
| 10 | 317 | Jonatan Turesson | MFK | 2000 | 20.01 | +1.34 | 4:00 |
| 11 | 289 | Mats Salomonsson | MFK | 1980 | 20.10 | +1.44 | 4:02 |
| 12 | 326 | Mattias Danielsson | Dörarps IF | 1975 | 20.21 | +1.54 | 4:04 |
| 13 | 232 | Nils Diurlin | Team Klintabadabukt | | 20.46 | +2.19 | 4:09 |
| 14 | 242 | Joakim Gunnarsson | Elmhults Sport Club | | 20.54 | +2.27 | 4:10 |
| 15 | 279 | Ulf Olsson | MFK | | 21.10 | +2.43 | 4:13 |

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| | | | | | | | |
|----|-----|-----------------------|---------------------------|------|-------|--------------|------|
| 16 | 226 | Alexander Almarsson | Markaryd | 1986 | 21.14 | +2.47 | 4:14 |
| 17 | 231 | Pär Dahl | Markaryd | 1982 | 21.20 | +2.53 | 4:16 |
| 18 | 252 | Dan Johansson | MFK | | 22.23 | +3.56 | 4:28 |
| 19 | 323 | Johan Brink | MFK | 1995 | 22.49 | +4.22 | 4:33 |
| 20 | 316 | Andre Turesson | MFK | 1997 | 22.54 | +4.27 | 4:34 |
| 21 | 271 | Elliot Nilsson | Markaryd | 2004 | 22.56 | +4.30 | 4:35 |
| 22 | 250 | Thim Isaksson | SK Graal | 1995 | 23.22 | +4.55 | 4:40 |
| 23 | 274 | Karl-Gustav Nilsson | MFK | 1956 | 23.23 | +4.56 | 4:40 |
| 24 | 327 | Daniel Åkesson | Agunnaryd | 1971 | 23.35 | +5.09 | 4:43 |
| 25 | 290 | Niklas Salomonsson | MFK | | 24.05 | +5.39 | 4:49 |
| 26 | 306 | Abdullah Arifi | HVB Lyktan | 1999 | 24.26 | +5.59 | 4:53 |
| 27 | 268 | Tim Mörck | Hässleholms AIS | 2003 | 24.47 | +6.20 | 4:57 |
| 28 | 331 | Daniel Salomonsson | Markaryd | 1984 | 24.53 | +6.26 | 4:58 |
| 29 | 266 | Kjell Möller | FK Snapphanarna | 1949 | 24.57 | +6.31 | 4:59 |
| 30 | 302 | Tommy Back | MFK | | 24.59 | +6.33 | 4:59 |
| 31 | 257 | Daniel Karlsson | Markaryds IF | | 25.15 | +6.48 | 5:03 |
| 32 | 249 | Stefan Holmgren | Emballator Lagan Plast AB | | 25.15 | +6.49 | 5:03 |
| 33 | 283 | Håkan Persson | MFK | 1970 | 25.21 | +6.54 | 5:04 |
| 34 | 332 | André Mattsson | Vittsjö | 1985 | 25.31 | +7.04 | 5:06 |
| 35 | 237 | Henry Forsberg | MFK | 2004 | 25.32 | +7.05 | 5:06 |
| 36 | 315 | Lars Lindgren | FK Finn | 1958 | 25.37 | +7.10 | 5:07 |
| 37 | 321 | André Johansson | Knäred | 1994 | 25.40 | +7.13 | 5:07 |
| 38 | 303 | Håkan Wester | HVB Lyktan | 1964 | 25.44 | +7.17 | 5:08 |
| 39 | 320 | Tomas Johansson | MFK | 1968 | 26.12 | +7.45 | 5:14 |
| 40 | 233 | Per-Olof Egonsson | Veinge | 1960 | 26.24 | +7.57 | 5:16 |
| 41 | 243 | Lars-Göran Gustafsson | MFK | | 26.24 | +7.57 | 5:16 |
| 42 | 298 | Maurice Weber | Växjö | 1980 | 26.27 | +8.00 | 5:17 |
| 43 | 313 | Lukas Romberg | IFK Hässleholm | 2003 | 26.31 | +8.05 | 5:18 |
| 44 | 235 | Simon Engqvist | Tannsjö Tigers | 1991 | 26.32 | +8.05 | 5:18 |
| 45 | 318 | Hans Björklund | Örskälljunga | 1951 | 26.35 | +8.08 | 5:18 |
| 46 | 258 | Hampus Karlsson | Markaryds IF | 2006 | 27.18 | +8.52 | 5:27 |
| 47 | 230 | Peter Bergström | KFA | 1964 | 27.27 | +9.00 | 5:29 |
| 48 | 299 | Elamran | Elmhults Sport Club | | 28.24 | +9.58 | 5:40 |
| 49 | 255 | Bo Josefsson | MFK | 1951 | 28.42 | +10.15 | 5:44 |
| 50 | 284 | Jonas Petersson | Oskarshamn SK | | 28.58 | +10.32 | 5:47 |
| 51 | 281 | Krister Österby | Halmstad | 1947 | 29.13 | +10.46 | 5:50 |
| 52 | 301 | Surendiran | Elmhults Sport Club | | 29.18 | +10.51 | 5:51 |
| 53 | 276 | Stefan Nilsson | Emballator Lagan Plast AB | | 29.39 | +11.13 | 5:55 |
| 54 | 229 | Anders Bergqvist | SK Graal | 1955 | 29.59 | +11.32 | 5:59 |
| 55 | 333 | Robin Heijel | Markaryd | 1989 | 31.51 | +13.25 | 6:22 |
| 56 | 280 | Lars Oscarsson | Höör | | 32.08 | +13.42 | 6:25 |
| 57 | 330 | Kent Conradsson | KHK | 1955 | 32.20 | +13.54 | 6:28 |
| 58 | 251 | Carl-Gustaf Ivarsson | FK Snapphanarna | 1947 | 32.29 | +14.03 | 6:29 |
| 59 | 300 | Krishnan | Elmhults Sport Club | | 32.33 | +14.07 | 6:30 |
| 60 | 245 | Leif Håkansson | Hishult | 1943 | 33.03 | +14.36 | 6:36 |
| 61 | 253 | Jonnie Johnsson | MFK | 1954 | 33.32 | +15.05 | 6:42 |
| 62 | 273 | Jörgen Nilsson | Nibe Fritid | | 33.56 | +15.30 | 6:47 |
| 63 | 246 | Jorge Hernandez | Växjö | 1957 | 35.36 | +17.10 | 7:07 |
| 64 | 269 | Christian Nilsson | MFK | | 46.21 | +27.54 | 9:16 |
| | 307 | Favad Azizi | HVB Lyktan | 1999 | | EJ FULLFÖLJT | |
| | 308 | Abdirahman Ismail | HVB Lyktan | 1998 | | EJ FULLFÖLJT | |

K5 Öppen klass Kvinnor 5 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|--------------------|-------------------|------|-------|-----------|--------|
| 1 | 261 | Lotten Kindlundh | FK Finn | | 20.01 | +0.00 | 4:00 |
| 2 | 236 | Lisa Fagerström | Team Runners High | 1971 | 22.45 | +2.44 | 4:32 |
| 3 | 260 | Pia Karlsson | MFK | 1958 | 22.59 | +2.58 | 4:35 |
| 4 | 328 | Mollie Åkesson | Agunnaryd | 2004 | 23.36 | +3.35 | 4:43 |
| 5 | 227 | Martina Alvarson | Vetlanda | | 23.39 | +3.38 | 4:43 |
| 6 | 288 | Jennie Salomonsson | MFK | | 23.47 | +3.46 | 4:45 |

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| | | | | | | | |
|----|-----|-------------------------|---------------------------|------|-------|--------|------------|
| 7 | 275 | Lovisa Nilsson | Glimåkra | | 25.09 | +5.08 | 5:01 |
| 8 | 234 | Emma Ekström | Lyckeby | 1986 | 25.16 | +5.15 | 5:03 |
| 9 | 286 | Maja Petersson | Oskarshamn SK | | 25.17 | +5.16 | 5:03 |
| 10 | 254 | Linda Jonasson | Markaryd | 1985 | 26.28 | +6.27 | 5:17 |
| 11 | 325 | Agneta Birgersson | Agunnaryd | 1951 | 26.33 | +6.32 | 5:18 |
| 12 | 267 | Tania Mörrck | Hässleholms AIS | 2003 | 26.40 | +6.39 | 5:20 |
| 13 | 309 | Charlotte Johnsson | Friskis&Svetis | | 27.19 | +7.18 | 5:27 |
| 14 | 296 | Evelina Tetroyeva | Markaryd | | 27.30 | +7.29 | 5:30 |
| 15 | 285 | Maja Petersson | Emballator Lagan Plast AB | | 27.33 | +7.32 | 5:30 |
| 16 | 287 | Danuta Rejowska | Åstorp | 1968 | 27.48 | +7.47 | 5:33 |
| 17 | 277 | Eva Nordström | Ljungby | 1989 | 27.49 | +7.48 | 5:33 |
| 18 | 239 | Åsa Gunnarsson | Elmhults Sport Club | 1969 | 28.46 | +8.45 | 5:45 |
| 19 | 265 | Ida Melin | Träningsinspiratören | | 28.52 | +8.51 | 5:46 |
| 20 | 256 | Yvonne Josefsson | MFK | | 29.11 | +9.10 | 5:50 |
| 21 | 278 | Hanna Olsson | Träningsinspiratören | | 29.50 | +9.49 | 5:57 |
| 22 | 240 | Carina Gunnarsson | Träningsinspiratören | | 30.21 | +10.20 | 6:04 |
| 23 | 310 | Marita Salomonsson | Strömsnäsbruk | 1957 | 30.25 | +10.24 | 6:04 |
| 24 | 238 | Sara Gladh | Markaryd | 1989 | 31.20 | +11.19 | 6:15 |
| 25 | 311 | Camilla Öbrink | Markaryd | 1961 | 32.15 | +12.14 | 6:27 |
| 26 | 272 | Frida Nilsson | Emballator Lagan Plast AB | | 32.21 | +12.20 | 6:28 |
| 27 | 228 | Elisabeth Bagnall | Diö | | 32.43 | +12.42 | 6:32 |
| 28 | 291 | Malin Stålhammar | Huddinge | | 33.02 | +13.01 | 6:36 |
| 29 | 263 | Linda Larsson | Strömsnäsbruk | | 33.05 | +13.04 | 6:37 |
| 30 | 297 | Ing-Mari Thillberg | Träningsinspiratören | | 33.23 | +13.22 | 6:40 |
| 31 | 262 | Lise-Lotte Kjellsdotter | | 0 | 33.57 | +13.56 | 6:47 |
| 32 | 244 | Ann-Christin Håkansson | Hishult | | 34.10 | +14.09 | 6:50 |
| 33 | 319 | Christel Björklund | Örkelljunga | 1964 | 34.52 | +14.51 | 6:58 |
| 34 | 259 | Ida Karlsson | Vittaryd | 1988 | 40.52 | +20.51 | 8:10 |
| 35 | 248 | Emelie Holmgren | Ljungby | 1991 | 40.54 | +20.53 | 8:10 |
| 36 | 293 | Anita Svensson | Simlångsdalens IF | | 41.16 | +21.15 | 8:15 |
| 37 | 322 | Fanny Larsson | Traryd | 1992 | 41.43 | +21.42 | 8:20 |
| 38 | 264 | Tina Magnusson | Växjö | 1956 | 42.14 | +22.13 | 8:26 |
| | 241 | Hilda Gunnarsson | Elmhults Sport Club | | | | EJ STARTAT |
| | 282 | Ulrika Pedersen | Träningsinspiratören | | | | EJ STARTAT |
| | 292 | Pernilla Stridh | Träningsinspiratören | | | | EJ STARTAT |

P16 Pojkar -16 år 1,7 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|----------------|--------------|------|------|-----------|--------|
| 1 | 462 | Oskar Karlsson | SK Graal | 2002 | 5.37 | +0.00 | 3:18 |

F16 Flickor -16 år 1,7 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|----------------|--------------|------|------|-----------|--------|
| 1 | 509 | Felicia Dunder | Markaryd | 2002 | 7.51 | +0.00 | 4:36 |

P14 Pojkar -14 år 1,7 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|---------------------|--------------|------|------|-----------|------------|
| 1 | 486 | Linus Sjödal | Markaryd | | 6.40 | +0.00 | 3:55 |
| 2 | 444 | Erik Edström | Markaryds IF | 2004 | 6.40 | +0.00 | 3:55 |
| 3 | 457 | Lucas Jansson | Ljungby FIK | 2003 | 6.43 | +0.03 | 3:57 |
| 4 | 500 | Sebastian Rydén | Ljungby | 2003 | 7.08 | +0.28 | 4:11 |
| 5 | 469 | Isac Lindberg | FK Finn | 2004 | 8.00 | +1.20 | 4:42 |
| | 431 | Abdullah Abdulhamid | MFK | 2003 | | | EJ STARTAT |

F14 Flickor -14 år 1,7 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|--------------------|--------------|------|------|-----------|--------|
| 1 | 475 | Mathilda Nilsson | MFK | 2004 | 6.59 | +0.00 | 4:06 |
| 2 | 463 | Fredrika Kindlundh | FK Finn | | 7.23 | +0.24 | 4:20 |
| 3 | 483 | Tova Persson | Markaryd | 2003 | 7.37 | +0.38 | 4:28 |
| 4 | 496 | Tilda Salomonsson | Räva King | 2004 | 8.08 | +1.09 | 4:46 |

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| | | | | | | | |
|---|-----|------------------|----------|------|-------|-------|------|
| 5 | 481 | Hannah Persson | MFK | 2004 | 8.10 | +1.11 | 4:48 |
| 6 | 468 | Felicia Lindberg | FK Finn | 2003 | 8.20 | +1.21 | 4:54 |
| 7 | 465 | Cazandra Larsen | Hishult | 2004 | 9.00 | +2.01 | 5:17 |
| 8 | 479 | Nelly Pålsson | Markaryd | 2004 | 9.21 | +2.22 | 5:30 |
| 9 | 507 | Linn Andersson | MFK | 2004 | 11.04 | +4.05 | 6:30 |

P12 Pojkar -12 år 1,7 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|-------------------|----------------------|------|------|-----------|--------|
| 1 | 460 | Anton Karlsson | SK Graal | 2005 | 6.21 | +0.00 | 3:43 |
| 2 | 514 | Fritz Luddeckens | Troja Ljungby | 2005 | 6.55 | +0.34 | 4:03 |
| 3 | 510 | Elliot Nilsen | Markaryds IF | 2005 | 7.14 | +0.53 | 4:15 |
| 4 | 476 | Mio Nilsson | SK Graal | 2006 | 7.17 | +0.56 | 4:17 |
| 5 | 484 | Amadeus Schenberg | Varberg | 2006 | 7.18 | +0.58 | 4:17 |
| 6 | 439 | Tim Bäck | Markaryd | 2005 | 7.28 | +1.08 | 4:23 |
| 7 | 458 | Samuel Johansson | Ljungby Brottarklubb | 2005 | 7.32 | +1.11 | 4:25 |
| 8 | 512 | Jakob Romberg | Hässleholms AIS | 2005 | 7.38 | +1.18 | 4:29 |
| 9 | 516 | Caesar Gustafsson | Markaryd | 2006 | 8.13 | +1.52 | 4:49 |

F12 Flickor -12 år 1,7 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|-------------------------|---------------------|------|-------|--------------|--------|
| 1 | 511 | Ebba Cronholm | Ljungby IFK | 2005 | 6.25 | +0.00 | 3:46 |
| 2 | 454 | Alva Gustafsson | MFK | 2006 | 7.17 | +0.52 | 4:17 |
| 3 | 473 | Elin Nilsson | MFK | 2006 | 7.52 | +1.27 | 4:37 |
| 4 | 505 | Sally Sjögren | MFK | 2005 | 8.04 | +1.40 | 4:44 |
| 5 | 470 | Josefine Lindberg | FK Finn | 2006 | 8.25 | +2.01 | 4:57 |
| 6 | 503 | Moa Jacobsen | MFK | 2006 | 8.33 | +2.08 | 5:01 |
| 7 | 453 | Vera Gunnarsson | Elmhults Sport Club | 2005 | 8.40 | +2.16 | 5:06 |
| 8 | 506 | Jennifer Persson | MFK | 2005 | 10.10 | +3.46 | 5:59 |
| 9 | 478 | Ella Ohlsson/Gustavsson | Emmaboda | 2006 | 10.15 | +3.51 | 6:01 |
| 10 | 499 | Corneila Rydén | Ljungby | 2006 | 10.27 | +4.03 | 6:08 |
| | 432 | Mariam Abdulhamid | MFK | 2006 | | EJ FULLFÖLJT | |

P10 Pojkar -10 år 1,7 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|---------------------|----------------------|------|-------|--------------|--------|
| 1 | 474 | Love Nilsson | UF Contact | 2007 | 5.56 | +0.00 | 3:29 |
| 2 | 467 | Babak Lindberg | Bladins Skola, Malmö | 2007 | 6.51 | +0.56 | 4:01 |
| 3 | 433 | Mustafa Abdulhamid | MFK | 2009 | 6.55 | +1.00 | 4:04 |
| 4 | 438 | Erik Axelsson | MFK | 2007 | 7.01 | +1.06 | 4:07 |
| 5 | 513 | Robin Björkman | SK Graal | 2007 | 7.03 | +1.08 | 4:09 |
| 6 | 442 | Alfred Diurlin | Team Klintabadabukt | 2008 | 7.06 | +1.10 | 4:10 |
| 7 | 437 | Wille Andersson | MFK | 2008 | 7.15 | +1.20 | 4:16 |
| 8 | 452 | Yanik Gerbeth | MFK | 2007 | 7.16 | +1.21 | 4:16 |
| 9 | 456 | Oskar Holmgren | MFK | 2007 | 7.55 | +2.00 | 4:39 |
| 10 | 508 | Tim Dunder | Markaryd | 2007 | 8.04 | +2.08 | 4:44 |
| 11 | 504 | Simon Turesson | MFK | 2008 | 8.04 | +2.09 | 4:44 |
| 12 | 498 | Lucas Salomonsson | MFK | | 8.20 | +2.25 | 4:54 |
| 13 | 441 | Elliot Bernhardsson | Markaryd | 2009 | 8.23 | +2.28 | 4:56 |
| 14 | 466 | Noel Lavin | Markaryd | 2010 | 9.51 | +3.56 | 5:47 |
| 15 | 445 | Edvin Ekström | Lyckeby | 2011 | 10.15 | +4.19 | 6:01 |
| 16 | 488 | Eric Strömberg | Borås | 2012 | 11.06 | +5.10 | 6:31 |
| 17 | 446 | Axel Ekström Dellvi | Lyckeby | 2009 | 11.30 | +5.35 | 6:46 |
| 18 | 492 | Anton Wombell | Skogsviolén | 2009 | 13.02 | +7.06 | 7:39 |
| 19 | 312 | Leo Rydén | Ljungby | 2007 | 13.18 | +7.23 | 7:49 |
| 20 | 493 | Agust Andersson | Skogsviolén | | 13.21 | +7.25 | 7:51 |
| | 502 | Theo Jacobsen | MFK | 2008 | | EJ FULLFÖLJT | |
| | 485 | Elliot Schenberg | Varberg | 2008 | | EJ FULLFÖLJT | |

F10 Flickor -10 år 1,7 km

| Plats | StartNr | Namn | Ort/förening | Född | Tid | Tid efter | min/km |
|-------|---------|------|--------------|------|-----|-----------|--------|
|-------|---------|------|--------------|------|-----|-----------|--------|

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| | | | | | | | |
|----|-----|-------------------|-----------------------|------|-------|-------|------|
| 1 | 447 | Emmy Ellbring | FK Finn | | 7.28 | +0.00 | 4:23 |
| 2 | 450 | Stina Fyhrlund | SK Graal | 2008 | 7.40 | +0.12 | 4:30 |
| 3 | 455 | Elsa Gustafsson | MFK | 2010 | 7.40 | +0.12 | 4:30 |
| 4 | 461 | Maja Karlsson | SK Graal | 2008 | 7.53 | +0.25 | 4:38 |
| 5 | 443 | Hailey du Toit | Markaryd | 2008 | 8.17 | +0.48 | 4:52 |
| 6 | 482 | Lovisa Persson | MFK | 2007 | 8.19 | +0.50 | 4:53 |
| 7 | 436 | Wilda Andersson | MFK | 2007 | 8.30 | +1.02 | 4:59 |
| 8 | 515 | Selma Luddekens | 338 Småland Triathlon | 2009 | 8.31 | +1.03 | 5:00 |
| 9 | 435 | Minna Alvarson | Vetlanda | 2011 | 8.48 | +1.20 | 5:10 |
| 10 | 487 | Ebba Strömberg | Borås | 2007 | 9.14 | +1.45 | 5:25 |
| 11 | 497 | Tyra Salomonsson | Räva King | 2007 | 9.23 | +1.54 | 5:30 |
| 12 | 471 | Astrid Lindqvist | MFK | 2009 | 9.26 | +1.58 | 5:33 |
| 13 | 480 | Nova Pålsson | Markaryd | 2008 | 10.16 | +2.48 | 6:02 |
| 14 | 495 | Elsa Sandell | MGF | 2008 | 10.30 | +3.02 | 6:10 |
| 15 | 448 | Hannah Forsberg | MFK | 2008 | 10.36 | +3.08 | 6:14 |
| 16 | 489 | Isa Strömberg | Borås | 2008 | 10.53 | +3.25 | 6:24 |
| 17 | 440 | Hilda Bäckman | MFK | 2009 | 10.53 | +3.25 | 6:24 |
| 18 | 494 | Vilma Löndal | Markaryds Simsällskap | 2008 | 10.57 | +3.29 | 6:26 |
| 19 | 517 | Selma Lundqvist | Markaryd | 2012 | 11.08 | +3.40 | 6:32 |
| 20 | 501 | Maja Jacobsen | MFK | 2010 | 11.08 | +3.40 | 6:33 |
| 21 | 472 | Kajsa Malmgren | Skogsviolen | 2010 | 11.09 | +3.40 | 6:33 |
| 22 | 434 | Linnea Almarsson | SK Graal | 2008 | 11.12 | +3.44 | 6:35 |
| 23 | 464 | Alice Kristensson | Markaryd | 2007 | 11.14 | +3.46 | 6:36 |
| 24 | 477 | Amanda Ödman | Lyckeby | 2007 | 11.30 | +4.02 | 6:45 |
| 25 | 490 | Wilma Winqvist | Älmhult | 2008 | 11.30 | +4.02 | 6:46 |
| 26 | 451 | Miriam Gerbeth | MFK | 2008 | 11.48 | +4.19 | 6:56 |
| 27 | 449 | Fanny Fransson | Markaryd | 2008 | 12.00 | +4.31 | 7:03 |
| 28 | 491 | Amelie Wombell | Skogsviolen | 2008 | 12.11 | +4.43 | 7:10 |
| 29 | 459 | Thilda Johansson | Markaryd | 2008 | 12.38 | +5.10 | 7:25 |

PF8 Flickor -8 år 800 m (i namnordning)

| StartNr | Namn | Ort/förening | Född |
|---------|---------------------|----------------------|------|
| 685 | Adrian Szram | MFK | 2010 |
| 713 | Alfred Malmgren | Skogsviolen | |
| 702 | Algot Bäckman | MFK | 2013 |
| 693 | Annie Risell | Markaryd | 2009 |
| 706 | Axel Fransson | Markaryd | 2010 |
| 716 | Axel Stålhammar | Huddinge | 2014 |
| 688 | Benjamin Brendel | Markaryd | 2013 |
| 677 | Conrad Vik | | |
| 711 | Darian Lindberg | Bladins Skola, Malmö | 2011 |
| 714 | Ebba Melin | Markaryd | 2013 |
| 692 | Edith Risell | Markaryd | 2011 |
| 682 | Elin Grandén | Markaryd | 2012 |
| 703 | Ella Bäckman | MFK | 2012 |
| 718 | Firaz Tiras | Markaryd | 2012 |
| 695 | Gavin Kozlowski | Markaryd | 2014 |
| 710 | Harry Lea | Älmhult | 2012 |
| 719 | Havin Tiras | Markaryd | 2010 |
| 704 | Hedda Bernhardsson | Markaryd | 2013 |
| 694 | Hjalmar Risell | Markaryd | 2014 |
| 675 | Leor Holmgren | Emmaljunga | 2009 |
| 698 | Lowa-Li Elmersson | Älmhult | 2009 |
| 720 | Lukas Wombell | Skogsviolen | 2013 |
| 678 | Maja Lundqvist | Markaryd | 2014 |
| 700 | Maja-Liza Elmersson | Älmhult | 2010 |
| 686 | Malcolm Hult | Markaryd | 2014 |
| 697 | Malte Svensson | Markaryd | 2014 |
| 687 | Markus Turesson | MFK | 2010 |
| 689 | Maximilian Brendel | Markaryd | 2011 |

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| | | | |
|-----|------------------------|------------|------|
| 681 | Melanie du Toit | Traryd | 2011 |
| 709 | Milla Lavin | Markaryd | 2013 |
| 699 | Mi-Lo Elmersson | Älmhult | 2012 |
| 707 | Molly Henriksson | Traryd | 2014 |
| 705 | Oskar Ekström Dellvi | Lyckeby | 2013 |
| 684 | Rolf Karlsson | Oskarström | 2013 |
| 701 | Saga Bäck | Markaryd | 2012 |
| 696 | Selma Sandell | Blåklockan | 2013 |
| 683 | Stina Grandén | Markaryd | 2010 |
| 712 | Tage Lindqvist | MFK | 2014 |
| 676 | Theodor Svärd Lindberg | | 2011 |
| 679 | Tuva Kålebo | Sennans IF | 2010 |
| 708 | Tyra Karlsson | Markaryd | 2010 |
| 680 | Vera af Klinteberg | Markaryd | 2015 |
| 717 | Wera Stålhammar | Huddinge | 2011 |
| 691 | Vidar Sunesson | OK Alehof | 2011 |
| 690 | Viktor Sunesson | OK Alehof | 2013 |

PROM Promenad (i namnordning)

| StartNr | Namn | Ort/förening | |
|---------|------------------------|---------------------|------------|
| 918 | Britt-Mari Gummesson | Värend | 1949 |
| 909 | Cveto Serjun | SK Graal | 1952 |
| 914 | Eivor Lassen | Hishult | 1959 |
| 904 | Gunnel Johansson | FK Finn | 1945 |
| 908 | Göran Rydén | Elmhults Sport Club | 1942 |
| 903 | Gösta Johansson | FK Finn | 1940 |
| 913 | Inga-Lill Evaldsson | SK Graal | |
| 912 | Kent Bergstrand | Värend GN | 1950 |
| 916 | Kerstin Nilsson | Visseltofta | 1944 |
| 920 | Kerstin Nilsson | MFK | 1960 |
| 910 | Lena Strand | MFK | |
| 919 | Lennart Gummesson | Värend | 1946 |
| 907 | Lennart Nilsson | Anderstorp | 1930 |
| 911 | Lennart Nordström | Vittaryd | 1954 |
| 902 | Maria Fagerfalk | Elmhults Sport Club | 1946 |
| 915 | Robert Axelsson | MFK | 1968 |
| 901 | Sölve Andersson | Tånnö | 1948 |
| 917 | Åke Petersson | 338 Småland | 1954 |
| 905 | Ann-Charlotte Jonasson | Traryd | EJ STARTAT |
| 906 | Ronnie Jonasson | Traryd | EJ STARTAT |